



Method Sheet

Question 1

What is Performance
and Performing Arts?

Proposed by:

Collective from group discussion



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What is Performance and Performing Arts?

We would like to make it clear that there is no one right answer, or one right way, to work in an inclusive, artistic environment. Facilitators, dance teachers and youth workers must use their own experience and intuition to decide which path is best for the group of people they have in front of them. This can change depending on so many factors that it is impossible to be given a rule book. These activity sheets are a collection of ideas and examples of what has worked in different situations and circumstances in the past to illustrate possible answers to the questions.

Main points:

- Performance is a piece of art in front of an audience.
- There is a dialog between the performers and the audience.
- There must be a performance in the end.

Hints/tips for facilitators:

- Performance is a piece of art in front of an audience. It can be in different forms. The presence of the audience is what makes it a performance. The witnessing of the act of art (rather than dancing or singing in your bedroom).
- There is a dialog between the performers and the audience. It is something to be lived in at the moment. Each rendition is unique, organic, and emotional, combining different forms of art.
- Why does there have to be a performance in the end? To have a final goal which is the culmination of the feelings and the emotions of the creative process of getting there. This is very important for building confidence, self-knowledge and understanding. Performance is a way to communicate across different social situations. The performance takes place whether the audience is paying attention or not.

- Free performance in public places (a park for instance) or in places of diffusion.

Pictures/Links:

Examples of pieces that illustrate these points:

- **DANZA MOBILE | PROMO:**
<https://youtu.be/t7MzR8pMkRg>
- **"Les Autres" de Kader Attou — teaser:**
<https://youtu.be/irEA9Q9wdtM>
- **VAÏ VAË Le Défilé – Teaser:**
<https://youtu.be/sL478wgm20A>
- **VAÏ VAË - Le Défilé de la marque VAË dansé par la Compagnie DK-BEL - Réalisation Aurore Klein :**
<https://youtu.be/Xv6tBwRnRH4>
- <https://www.youtube.com/watch?v=EAdj3XbUoK8>
- **Full of Words - AXIS Dance Company Changing Dance and Disability**
- **"ΑΡΟΕΧΟΣ" - Trailer ΑΠΟΗΧΟΣ - 'Εξις [Trailer]**
- **"ΑΡΟΕΧΟΣ" - DUET**
<https://youtu.be/Tzah7m2BYO0>
- **Kukunor ja Unikuu bilingual performance (1227)**
KUKUNOR JA UNIKUU - YouTube
- **Jos olet yksin ja salaa teaser (1227) "Jos olet yksin ja salaa" - YouTube**
- **K-Wheel Dance Project (1227) 춤추는 樂 - 바람소리 - YouTube**



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